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Information on the COVID-19 virus

What is COVID-19?

The novel Corona Virus (COVID-19) is a new virus that can cause flu like symptoms. The typical symptoms are fever, a dry cough and fatigue. In 80% of the cases the symptoms are mild but about 5% of all patients will experience severe symptoms that can include fatality. This is a new virus and our knowledge is still developing quickly.

Who is at risk for COVID-19?

People at increased risk are the elderly (above 60), people suffering from immune-compromise, and people with certain chronic diseases. For unknown reasons women seem to be less affected than men and women have fewer complications. The mortality rate in young people is very low and up to today no child under the age of 10 has died from the COVID-19 infection.

Can I proceed with my Fertility treatment?

Very few pregnant women have experienced severe COVID-19 disease. Young and healthy women are one of the lowest risks groups for severe COVID-19 infection. Therefore the doctors of Cape Fertility feel that you can safely proceed with fertility treatment. Even in case of an infection with the COVID-19 virus the risks for a pregnant woman and a young child are very low according to the current scientific knowledge.

What precautions must we take?

1. Wash your hands regularly with soap.
2. Avoid handshaking.
3. Stay home if you have flu like symptoms.
4. Avoid touching your face.
5. Cough in a tissue.
6. Wear a mask if you have flu like symptoms.

Cape Fertility will introduce measurements to reduce the risks of transmission. Please speak to your coordinator or doctor if you have any questions.